## <u>Kil's Taekwondo School: Ann Arbor</u> <u>New Schedule starts</u>

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
4:00 4:30						
4 :00 4 :30	Little Dragon 5 To 6 Yrs.		Little Dragon 5 To 6 Yrs.		Little Dragon 5 To 6 Yrs	
4:30 5:00	All Belts 6 Yrs & 9		All Belts 6 Yrs & 9		KIDS/ All Belts	
5:00 5:30	KIDS/ All Belts 6 Yrs & 9 <b>Sparring</b>		KIDS/ All Belts 6 Yrs & 9		KIDS/ All Belts 6 Yrs & 9	
5:30 6:00	KIDS/ All Belts 6 Yrs & 9		KIDS/All Belts 6 Yrs & 9		All KIDS All Belts	
6:00 6:45	Adults/Family 8 Yrs & Up		Adults/Family 8 Yrs & Up		Adults/Family 8 Yrs & Up <b>Or Sparring</b>	
6:45- 7:45	Adults/ Family Sparring		Adults/Family		NO Class Special Class	
7:45 0:00						

## Notice: 1. Sparring Class : Wear your Arm, Shin Pads and Groin Cup before Class.

- 2. Practice limit 2 times a week or 3 Times( Sparring Class)
- **3.** Sparring Class will be conducted according to the situation of the students.
- 4. Changeable Schedule

## At the door of the school

- 1. Bring your water (Write your name on top)
- 2. Use the hand sanitizer
- 3. Bring your Sparring Gears

## In the school and in class

1.. No talking in classroom / No Food